

FACULTY OF NURSING AND MIDWIFERY NEWSLETTER



**OCTOBER 2023
ISSUE**

NO.2



CONTENTS

NO.2

PAGE 3-4

SEED GLOBAL HEALTH EDUCATORS

- Educator's Farewell
 - welcoming new educator
-

PAGE 6-9

STUDENT FEATURES

- Community midwifery
 - Teaching practice
 - Simulation-based learning
 - Orientation to clinical experience
 - Sickle Cell Awareness Corner
-

PAGE 10-13

ACTIVITIES AND EVENTS

- Journal Club
 - Dissemination of research findings
 - Mentorship
-



FACULTY OF NURSING AND MIDWIFERY

VISION:

Nursing and Midwifery for every individual, family and community

MISSION:

To provide quality Nursing and Midwifery Higher Education, prepare a competent and innovative clinician who is able to contribute towards research, innovation and appropriate health services directed towards sustainable healthy community and environment.

CORE VALUES:

- Professionalism,
- Integrity
- Excellence
- Inclusiveness,
- Equity,
- Partnership,
- Evidence based care,
- Advocacy





SEED GLOBAL HEALTH EDUCATORS



Ms. Rebecca Ngalande in the middle with 2 Master of Midwifery science students during her farewell party



Dr. Winifred Ukoha
PhD, MNS, BNAP, RM, RN

A HEARTFELT FAREWELL : HONORING A MIDWIFERY EDUCATOR'S LEGACY

Ms. Rebecca Ngalande a Seed Global Health educator from Malawi bids farewell after shaping the Midwifery program at Lira University with passion and wisdom. Her dedication, mentorship, and transformative influence will forever impact students and the field of midwifery. As she embarks on a new chapter, her legacy ensures a bright future for the program.

CORDIAL WELCOME TO OUR NEW MIDWIFERY EDUCATOR.

We extend a warm welcome to Dr. Winifred Ukoha our newest member of the Department of Midwifery at Lira University. Your expertise and passion will enrich our community and play a vital role in shaping future midwives. We look forward to your contributions and collaboration. Welcome!



STUDENT FEATURE



ORIENTATION TO CLINICAL PRACTICE

Orientation to hospital settings is a crucial step in the clinical placement journey for year one students in healthcare programs. It serves as a foundational experience, introducing students to the hospital environment, protocols, and professional expectations. During this orientation, students familiarize themselves with the layout of the hospital, infection control measures, and patient confidentiality. They also learn about teamwork, communication, and the role they play in patient care. This early exposure helps students build confidence and adaptability, preparing them for their clinical responsibilities. It's a pivotal moment as they begin their hands-on learning, laying the groundwork for a successful and fulfilling healthcare education.



STUDENT FEATURE



TEACHING PRACTICE

The Nursing and Midwifery faculty aims to produce capable midwives through a curriculum emphasizing knowledge and practical experience. Teaching practice, a key part of the curriculum, involves year two midwifery students providing tutoring in nursing and midwifery institutions. This builds their confidence and imparts leadership, teamwork, and professionalism skills. In 2023, this practice ran from July 31st to August 25th, yielding positive outcomes with students enjoying and benefiting from it. Ageno Gloria, a participating student-midwife, shared how she transformed her students' attitudes toward a particular course unit, making it a successful and cherished experience.



STUDENT FEATURE



Community Midwifery

Lira University has embraced the importance of domiciliary care in maternal healthcare. They've instituted a program mandating students to provide essential maternal and newborn care services to expectant mothers before, during, and after childbirth. Students monitor pregnant women through labour, assist them during delivery, and follow up with the mothers and newborns for up to 7 days after delivery. Firstly, this ensures timely detection of pregnancy-related complications and allows for client-centered management of pregnancy and its outcomes.

Secondly, the program goes beyond clinical settings, offering students hands-on experience in diverse social contexts. It boosts confidence and fosters empathy and compassion, allowing students to better understand family dynamics, healthcare priorities, and cultural diversity. Ultimately, it promotes patient-centered care tailored to individual needs, enriching the education of future midwives.

Over the period of 6 weeks, this practice ensures the health and well-being of more than 200 mothers and 200 newborns as they receive individualized care from a midwife.

Thanks to the support from Seed Global Health which has ensured that this activity is possible for both the students and their supervisors.



STUDENT FEATURE

Faculty of Nursing and Midwifery's Skills Laboratory: Where Lives Are Saved through Resuscitation Training



A midwifery student practicing newborn resuscitation skills in the skills laboratory

In the heart of Lira University lies a place where the future of healthcare is being shaped, one lifesaving skill at a time. The Skills Laboratory at the Faculty of Nursing and Midwifery has emerged as a center of excellence in medical education, particularly in the critical area of resuscitation training in the management of emergency newborn conditions. Here, students, healthcare professionals, and aspiring first responders come together to learn the art and science of reviving lives in moments of crisis.

Faculty of Nursing and Midwifery Skills Laboratory boasts state-of-the-art equipment, high-fidelity manikins, and a team of dedicated instructors who are passionate about imparting life-saving skills. The laboratory provides a safe and controlled environment for learners to practice and master the techniques crucial in emergency situations.

One of the strengths of the Faculty of Nursing and Midwifery's Skills Laboratory is its emphasis on hands-on learning. Students and trainees not only received theoretical knowledge but also spent extensive time of a full semester practicing their skills on realistic manikins.

This hands-on approach ensures that when they encounter real-life emergencies, they are well-prepared and confident in their abilities.

The impact of resuscitation training at Faculty of Nursing and Midwifery extends beyond the campus boundaries. Graduates of the program go on to serve in healthcare facilities, ambulance services, and communities throughout the region. Their skills are a beacon of hope in times of crisis, and they contribute significantly to improving survival rates in emergency situations as evidenced by the confidence and feedback from graduates in the different facilities.

In conclusion Faculty of Nursing and Midwifery's Skills Laboratory is a testament to the institution's commitment to excellence in medical education and the preservation of human life. The resuscitation training programs offered here not only equip individuals with valuable skills but also empower them to be better health care professionals. We as the students extend our sincere appreciation to Ms Acio Christine for her immense contribution and the faculty at large.



STUDENT FEATURE



SICKLE CELL AWARENESS

Sickle cell disease, a hereditary disorder that affects millions globally, is most commonly observed in individuals of African descent. The condition arises from a mutated hemoglobin gene that deforms red blood cells into crescent shapes, resulting in their easy entrapment within small blood vessels and causing vaso-occlusive pain episodes. Sickle cells also break apart easily and die prematurely, creating anemia due to insufficient replacement by new cells. Typically inherited through the acquisition of two sickle cell gene mutations (one from each parent). crescent shapes, resulting in their easy entrapment within small blood vessels and causing vaso-occlusive pain episodes. Sickle cells also break apart easily and die prematurely, creating anemia due to insufficient replacement by new cells. Typically inherited through the acquisition of two sickle cell gene mutations (one from each parent). Sickle cell trait occurs when one normal gene and one sickle cell gene are inherited instead – this lineage nonetheless poses high risks for passing along the altered genes to offspring.

Premarital screening represents an affordable measure towards preventing birth defects caused by sickle cell disease; its adoption could greatly alleviate economic constraints and optimize resource utilization, especially in low-income countries such as Uganda where it prevails.

By Loyang Beatrice
BMS student



ACTIVITIES AND EVENTS



Preceptors from student-training health facilities pose for a photo with the trainers

Mentorship

Mentorship plays a crucial role in personal and professional development. It facilitates the transfer of knowledge, the development of skills, and personal growth. In line with this, the Faculty of Nursing and Midwifery with support from Seed Global Health recently conducted mentorship training for its mentors (faculty and preceptors). The objective was to equip the mentors with the essential skills and qualities required in mentorship relationships. 15 faculty members and 15 preceptors from various clinical sites participated in this initiative. This marks the initial step in establishing a mentorship program that will foster mentor-mentee relationships, serving as a fundamental element in lifelong learning and the journey to success for both mentors and mentees.



ACTIVITIES AND EVENTS

Journal clubs

The Faculty of Nursing and Midwifery continues to have its monthly journal club sessions on Fridays, 2 p.m. to 3 p.m. EAT.

The sessions are aimed at building the research competencies of students at Lira University. We have had 6 sessions that have taken students through key concepts of research such as methodologies, literature review, and presenting research findings among others.

Dissemination

With support from Seed Global Health, a team of 4 staff from the Department of Midwifery had an opportunity to attend the 21st Mathew Lukwiya Memorial Lecture and present their research findings at the 17th joint annual scientific health conference.

