

KIMBOWA PETER.

**Teaching Assistant, Faculty of Education, Department of Professional Studies.
Community Psychology and Psychotherapy. (BSC. CPP)**

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PROFESSIONAL SUMMARY.

Dedicated mental health professional with a Bachelor's degree in Community Psychology and Psychotherapy from Lira University. Experienced in providing psychological services, conducting research, and leading community outreach initiatives aimed at improving mental health awareness and reducing stigma. Currently serving as a Teaching Assistant in the Department of Professional Studies, Faculty of Education at Lira University

EDUCATION.

- Lira University- Bachelor of Science in Community Psychology and Psychotherapy (2021-2024)
- Mpigi Light College- Uganda Advanced Certificate of Education

PROFESSIONAL EXPERIENCE.

Teaching Assistant, Lira University -2025 to date.

- Support faculty in delivering courses related to mental health and community psychology.

Volunteer, Benevolent Mental Health Center 2024-2025.

- Provided a broad range of psychological services to patients, aiding in their emotional stability and mental well-being.

Trainee, Butabika National Mental Referral Hospital 2023.

- Delivered counseling services to patients of various age groups, addressing diverse mental health challenges.

LEADERSHIP AND COMMUNITY SERVICE.

- Founder of Psych-space Mental Health Initiative.
- Chairperson of the Lira University Psychology Students' Association 2023.

SELECTED RESEARCH PUBLICATIONS.

Relapse in bipolar disorder at a tertiary mental health facility in Uganda.

Navigating the complexity of post-traumatic stress disorder assessment, treatment, and diagnosis: A case study.

ADDITIONAL TRAINING.

- Certificate in Universal Training Curriculum for Addiction Management.
- Certificate in Establishing and Operating Counseling Centers at Higher Institutions of Learning
Certificate in Peer-led Youth Leadership

Signature:

