
AUMA ANNA GRACE

LIRA UNIVERSITY
FACULTY OF NURSING AND MIDWIFERY
DEPARTMENT OF MIDWIFERY

Telephone: +256772354232
E-mail: annakado4@gmail.com

CAREER OBJECTIVE

To utilize all my relevant expertise and knowledge, learn more, and be a creative and competitive Nurse/midwife to impart knowledge and transform my surroundings into a better one.

PERSONAL DETAILS

Languages	Fluent English, Lango, a little Karimojong
Nationality	Ugandan
Date of Birth:	15 th December 1980

PROFILE

A versatile, analytical, and hard-working Nurse/ Midwife with a practical hands-on approach, who always perseveres to achieve the best results as required within the stipulated time limit. Able to collect and analyze information, digest facts, and quickly grasp complex technical issues. Proven ability to manage and complete projects to the highest standard within agreed deadlines.

ACADEMIC QUALIFICATIONS

August 2016 to June 2018	Makerere University, College of Health Sciences; Attained Master of Nursing- Midwifery and Women's Health
October 2009 – November 2012	Kampala International University, Western Campus Attained: Bachelor of Science in Nursing.
June 2007 – August 2008	Earnest Cook Ultrasound Research and Education Centre, Mengo. Attained Diploma in Ultrasound Imaging
November 2002 –May 2004	Rubaga School of Nursing and Midwifery; Attained (Diploma in Midwifery), Registered Midwife

SHORT COURSES ATTENDED

- Respectful conduct of research by the Uganda National Council for Science and Technology
- Human subject protection by the Uganda National Council for Science and Technology
- Clinical teaching and assessment method, by CIRHT, University of Michigan
- Pedagogy and teaching methodologies and curriculum development, by the Ministry of Education and Sports.
- Postpartum family planning (PPIUD) training of trainers
- ART (Ante-Retroviral Therapy) management, Adult and Pediatric, by the Ministry of Health, Uganda
- Lifesaving commodities by the Ministry of Health, Uganda
- Prevention of Mother to Child Transmission of HIV(PMTCT), Option B plus by Ministry of Health Uganda
- Cervical Cancer screening by Mulago Hospital through the Ministry of Health, Uganda
- Safe male circumcision by the AIDS INFORMATION CENTRE, Lira.

- Adolescent sexual and reproductive health, as a trainer, Ministry of Health, Uganda
- Essential ENT Package, by the Ministry of Health, Uganda, through the Uganda Society for Disabled Children, Uganda

PROFESSIONAL EXPERIENCE

Period	Role	Institution
July 2022 to date	Dean, Faculty of Nursing and Midwifery	Lira University, Faculty of Nursing and Midwifery
January 2024 to date	Senior Lecturer	Lira University, Faculty of Nursing and Midwifery
November 2019 to December 2023	Lecturer	Lira University, Faculty of Nursing and Midwifery
September 2015- October 2019	Teaching Assistant	Lira University, Faculty of Health Sciences
August 2014 to August 2015	Senior Nursing Officer	Apac District Hospital
August 2013 - July 2014	Internship training.	Mulago National Referral Hospital
November 2012 August 2015	Nursing / Midwifery tutor	Good Samaritan International School of Nursing, Lira
2005 – October 2012	Nursing Officer In-charge, Maternal and Child Health / ART Clinic	Aduku Health Centre IV, Kwanja Health Sub-District.
May 2005 – October 2005	Nursing Officer-in-charge of Maternal and Child Health in the refugee camp	Panyadoli Refugee camp and Idiophe Refugee camp, Yumbe District, International Rescue Committee, and UNFPA
May 2004 –April 2005	Nursing Officer In-charge, Maternity ward	Matany Hospital, Karamoja region
February 2001 – April 2004	Enrolled midwife	Matany Hospital, Karamoja region

CONFERENCES ATTENDED AND PAPER PRESENTATIONS

- **August 2023;** The first Gulu and Lira annual scientific symposium presented a paper entitled: Knowledge and perceptions of men on Vasectomy among men in Otuke District, Northern Uganda.
- **October 2023; the 24th FIGO World Congress in France,** presented a paper on Vasectomy as a family planning option for men in reproductive health.
- **2023, February:** International conference on Family planning, Kigali, Rwanda. Presented a paper on “Prevalence and associated factors of post-abortion care among women of reproductive age in Lira District”.
- **June 2019:** Uganda Health communication network- at Kampala, Uganda; Presented a paper “High prevalence of intimate partner violence among pregnant teenagers in Northern Uganda, a cross-sectional study”
- **August 2018:** Association of Obstetricians and Gynecologists of Uganda (AOGU) Conference, Imperial Royale Hotel, Kampala-Uganda, and presented a paper, “Intimate Partner Violence among pregnant teenagers in Lira District, Uganda”.
- **June 2018:** The 2nd Triennial Conference of the Lugina Africa Midwives Research Network (LAMRN 2018), Umozi Park, Lilongwe, Malawi and presented a paper, “Intimate Partner Violence among pregnant women attending Lira Regional Referral Hospital, Uganda,” and achieved an award of the best poster presentation.
- **October 2016:** National conference on Nursing and Midwifery education trends in Uganda, held at Arua District, Northern Uganda, presented a paper on preceptorship and mentorship in nursing

clinical education.

- **June 2016:** Attended a conference on wound care innovations in Uganda, held at Lira University, and was the lead speaker in the conference.

Research experience and publications

1. Auma, A.G., Madira, E., Namukwana, B., Izaruku, R., Kabunga, A. and WMichael, T.E., 2025. Knowledge and perceptions of men towards vasectomy among men of reproductive age in Otuke District, Northern Uganda. *Contraception and Reproductive Medicine*, 10(1), p.26.
2. Acen, B.K., Obonyo, I., Ocen, T., Arebo, B., Auma, A.G. and Beja, H., 2025. Knowledge and practices of emergency contraception use and associated factors among female undergraduate students in Northern Uganda: A cross-sectional study. *Women's Health*, 21, p.17455057251321204.
3. Kabunga, A., Tumwesigye, R., Kigongo, E., Musinguzi, M., Acup, W. and Auma, A.G., 2024. Systematic review and meta-analysis of postpartum depression and its associated factors among women before and after the COVID-19 pandemic in Uganda. *BMJ open*, 14(7), p.e076847.
4. Emmanuel, M., Grace, A.A., Kabunga, A., Asiimwe, M.G., Acobi, A., Namukwana, B., Izaruku, R., Acayo, V.C., Opio, P.P. and Dokotum, O.O., 2024. Utilization of Postpartum Family Planning and Associated Factors among Postpartum Women Attending 5 Healthcare Facilities in a Rural District in Northern Uganda.
5. Rana, G.K., Buser, J.M., Kumakech, E., August, E., Gray, R., Auma, A.G., Jacobson-Davies, F.E., Endale, T., Pebalo, F.P. and Smith, Y.R., 2023. SEARCH STRATEGIES| Knowledge, attitudes, and practice of sexual and reproductive health and rights in Uganda: a scoping review of qualitative studies.
6. Kabunga, A., Namata, H., Kigongo, E., Musinguzi, M., Tumwesigye, R., Auma, A.G., Nabaziwa, J., Shikanga, E.M., Okalo, P., Nalwoga, V. and Udho, S., 2024. Exploring Effective Approaches: Integrating Mental Health Services into HIV Clinics in Northern Uganda. *HIV/AIDS-Research and Palliative Care*, pp.165-174.
7. Kabunga, A., Kigongo, E., Okalo, P., Udho, S., Grace, A.A., Tumwesigye, R., Akello, A.R., Musinguzi, M., Acup, W., Nabaziwa, J. and Shikanga, E.M., 2024. Burnout and quality of life among healthcare workers in central Uganda. *Plos one*, 19(8), p.e0305713.
8. Kabunga, A., Kigongo, E., Udho, S., Auma, A.G., Tumwesigye, R., Musinguzi, M., Acup, W., Ruth Akello, A., Okalo, P., Nabaziwa, J. and Mwiroti Shikanga, E., 2024. An Analysis of Post-Traumatic Stress Disorder and Quality of Life Among Adults Living with HIV in Western Uganda. *HIV/AIDS-Research and Palliative Care*, pp.73-82.
9. Buser, J.M., Pebalo, P.F., August, E., Rana, G.K., Gray, R., Jacobson-Davies, F.E., Kumakech, E., Endale, T., Auma, A.G. and Smith, Y.R., 2024. Scoping review of qualitative studies on family planning in Uganda. *PLOS Global Public Health*, 4(7), p.e0003313.
10. Acila, G.K., Aju Ijorea, N., Kabunga, A., Angom, M.J., Talemwa, S., Ayer, P. and Auma, A.G., 2025. Access to ART Services: Lived Experiences and Coping Strategies of HIV-Positive Persons With Visual Impairment in Lira District, Northern Uganda. *BioMed Research International*, 2025(1), p.1903886.

11. Kabunga, A., Kigongo, E., Tumwesigye, R., Udho, S., Musinguzi, M., Acup, W., Auma, A.G., Akello, A.R., Okalo, P., Nabaziwa, J. and Shikanga, E.M., 2024. A systematic review and meta-analysis of compassion fatigue among healthcare professionals before and during COVID-19 in Sub-Saharan Africa. *PLOS Global Public Health*, 4(6), p.e0003388.
12. Ogena, J., Opii, D.J., Nakku, B., Aceng, C., Oola, T., Kobusinge, V., Rukundo, G.Z. and Auma, A.G., 2023. HIV awareness campaigns, Knowledge and practices among pregnant women living with HIV in northern Uganda. *PAMJ-One Health*, 11(10).
13. Kabunga, Amir, et al. "Phenomenology of Induced Abortion in Northern Uganda Among HIV-Positive Women Following an Unintended Pregnancy." *Open Access Journal of Contraception* (2023): 73-82.
14. Kabunga, A., Kigongo, E., Udho, S., Auma, A.G., Okalo, P., Apili, B., Halimah, N. and Nalwoga, V., 2023. Chronic stress and coping mechanisms among nurses in Lango sub-region, northern Uganda. *Nursing Open*, 10(9), pp.6101-6107.
15. Musinguzi, M., Kumakech, E., Auma, A.G., Akello, R.A., Kigongo, E., Tumwesigye, R., Opio, B., Kabunga, A. and Omech, B., 2022. Prevalence and correlates of teenage pregnancy among in-school teenagers during the COVID-19 pandemic in Hoima district western Uganda—A cross sectional community-based study. *PloS one*, 17(12), p.e0278772.
16. Pebolo, F.P., Baguma, S. and Auma, A.G., 2021. Is the 14% cesarean section rate in Gulu Regional Referral Hospital justifiable?. *PAMJ Clinical Medicine*, 5(74).
17. Pebalo, Francis Pebolo, Auma Anna Grace, and Obol James Henry. "Healthcare providers' practice and attitude towards abortion service provision in Gulu city, Northern Uganda." (2020).
18. Pebolo, F.P., Auma, A.G. and Aloba, G., 2021. Polycystic ovarian syndrome: diagnostic challenges in resource-poor settings (Ugandan perspectives).
19. Kumakech, E., Anathan, J., Udho, S., Auma, A.G., Atuhaire, I., Nsubuga, A.G. and Ahaisibwe, B., 2020. Graduate midwifery education in Uganda aiming to improve maternal and newborn health outcomes. *Annals of Global Health*, 86(1), p.52.
20. Auma, A.G., Ayebare, E., Olwit, C., Ndeezi, G., Nankabirwa, V. and Tumwine, J.K., 2020. Intimate partner violence among pregnant teenagers in Lira district, northern Uganda: a cross-sectional study. *African Journal of Midwifery and Women's Health*, 14(4), pp.1-11.

Grants written, won, and awarded:

1. Sexual and Reproductive Health Resource Center, by the Center for International Reproductive Health Training, University of Michigan **(250,000 USD) SUBK00016644**
2. Sexual and Reproductive Health Research Enhancement Project by the Center for International Reproductive Health Training, University of Michigan **(319,000 USD) SUBK00016644**
3. Prevention of Mother to Child transmission of Hepatitis B through screening pregnant women and providing antiretroviral treatment. **(69,817 USD). VLIR-UOS short initiative**
4. Quality improvement Project aimed at improving Quality and increasing the client load of SHR

RESEARCH SUPERVISION FOR GRADUATE STUDENTS

Supervised 5 students of the Master of Public Health and 1 Master of Midwifery Sciences to completion

Lokwang Paul Pax, Reg No: 19/HD03/U/009, **Title: Partograph documentation: Facilitators and Barriers among Obstetric Healthcare providers in Lamwo District. Graduated in January 2024**

Musinguzi Marvin, Reg No: 19/HD03/U/0101, **Title: Pregnancy Rate among School-going Teenage girls in Homia District, Graduated in January 2023, and published his research**

Eluk Job, Reg No: 19/HD03/U/0090, **Title: Uptake of Integrated Community Case Management of Childhood Illness among caregivers of children under five years in Apac District, graduated in January 2023, and published his research**

Tonny Ayo, Reg. No: 23/HD03/U/0946, **Title: Knowledge, Attitude and Acceptability of Vasectomy Among Married Men: A Cross-Sectional Survey of Lira City, Northern Uganda**

Gimbo Irene, Reg No. 21/HDO3/U/0673 **Title: Prevalence and Factors Associated with Postpartum Depression among Postnatal Mothers in Industrial Division, Mbale City- A Mixed Method Study, Graduated in January 2025**

Acam Jane Francis, **REG. NO: 22/HD06/U/0560 Title: Facility Readiness and Providers' Preparedness to manage Postpartum Hemorrhage in Public Health Facilities in Mbale and Lira. Graduated in January 2025**

Research Mentorship

- Mentored 3 research teams under HEPITUITAH micro research plans successfully to publication
- Mentored 6 micro research teams under the CIRHT micro-research project until publication

CONFERENCES ORGANISED

Organized the first Gulu and Lira Annual Scientific Conference in November 2023, at Bomah Hotel in Gulu, Lira University presented 22 research papers, and brought home 2 awards

CIRHT 3rd Tri-annual International Conference, at Acholi Inn, Gulu, in September 2025. Organization is ongoing.

COMMUNITY CONTRIBUTIONS

- Implemented a quality improvement project at Lira Regional Referral Hospital, looking at triaging of pregnant women in an attempt to improve outcomes by reducing the amount of time spent waiting in line, this has improved the physical and system structure of the Maternity ward at LRRH, improved waiting time and improved selected maternal and neonatal indicators, the women receiving Maternity care are better satisfied with the care being given. This particular quality improvement initiative earned a National Hero's in Health Award of 2024 in the Maternal and Child Health category, presented by the Ministry of Health, Uganda.
- Several contributions, like the surgical and diagnostic equipment brought to the Lira Regional Referral Hospital and Lira University Hospital, serve the community

- Radio Talk show program to the community and a Public lecture on Customer care at the hospital
- Improved the Infrastructure for Teaching, learning, and service delivery at Lira University and Lira Regional Referral Hospital. This benefited the community in several ways, improving service delivery through training and improving the quality of care to the community
- Improved learning environment by providing equipment for blended learning and simulation lab establishment, which improved learning and services to the community
- Improved Laboratory equipment and access to unique services by bringing the DNA machine and establishing a DNA lab at Lira University Hospital,
- Micro research grants provided to the 20 research teams enhanced research capacity at Lira University and Lira Regional Hospital. Its impact is felt in the community with evidence-based practice being upheld and data being utilized for the right reason. Improved visibility of the University in terms of research
- The different training opportunities provided to the staff, students, interns, and associate members of the hospitals provided capacity building to improve services to the community
- Established a Research Ethics Committee Office at Lira University, the office functions to protect the community and their interest. It advocates for the protection of participants' rights.
- Maternal and Child health camp, attended by over 1000 clients with various services provided, in October 2025
- In collaboration with **Seed Global Health**, the Faculty of Nursing and Midwifery was able to secure a staff Van to support community Midwifery programs. This is a big contribution to community services.
- Currently serving the Lira Comprehensive School of Nursing and Midwifery Governing Council as a female representative to the board

LEADERSHIP POSITIONS HELD

- January 2019 to June 2022, as the Clinical Supervisor of Nursing and Midwifery at Lira University Teaching Hospital
- July 2022 to date, served the University as the Dean, Faculty of Nursing and Midwifery
- Served the University as the Chairperson of the Faculty of Nursing and Midwifery Higher Degrees Committee
- Serving on the MARA-RHC Scientific Advisory Board as a Member.

REFEREES

1. Associate Professor Okaka Opio Dokotum
Deputy Vice-Chancellor, Lira University
P.O BOX,1035, LIRA
Tel: +256779900066
Email: okakadokotum@gmail.com
2. Mrs Agness Bako Chandia
The Commissioner of Nursing and Midwifery Services
Ministry of Health, Uganda
P.O. Box 7272 Kampala
Tel: +256772886201
Email: bakuchandia@ymail.com