

## CURRICULUM VITAE

Name **Anna Agnes Arach**  
Address Camp David Hill, Lira City, Uganda, P.O. Box 383, Lira  
Telephone +256 (0) 77 2 064111  
Cell Phone +256 (0) 77 6 700 633  
Email [agarach@lirauni.ac.ug](mailto:agarach@lirauni.ac.ug); [arachaa2000@gmail.com](mailto:arachaa2000@gmail.com)

### Personal Information

Date of Birth 22<sup>nd</sup> June 1979  
Place of Birth Lira, Uganda (EA)  
Citizenship Ugandan  
Visa Status No restrictions  
Gender Female

### Employment History

**November 2025 to date: Senior Lecturer and Deputy Dean, Faculty of Nursing and Midwifery, Lira University**

- Preparing materials, teaching and examining both postgraduate and undergraduate students.
- Attending to students' challenges that affect their performance during the training.
- Conduct research and disseminate findings through publications, conferences and seminars.
- Supervising undergraduate and postgraduate students' research projects.
- Conducting seminars and tutorials.
- Performing administrative duties assigned.
- Participating in community service.
- Coordinating research and innovation.
- Preparing the Faculty Almanac.
- Synchronising timetables.
- Deputising the Dean of the Faculty.

**August 2013 to October 2025, Lecturer and Head of Department, Nursing and Midwifery, Faculty of Health Sciences/Nursing and Midwifery, Lira University**

- Developed and reviewed programs to suit the current trends and needs.
- Taught courses allocated and assessed students.
- Conducted research.
- Supervised students undertaking research, field placement and internship placement.
- Performed clinical duties in the teaching hospital.
- Participated in students' community outreach programs.
- Coordinated Internship activities under UMA/HEST/ADB Project.
- Headed the Department of Nursing and Midwifery until July 2018.

**July 2012 to April 2013, Program Officer, Elisabeth Glaser Paediatric AIDS Foundation/STAR-SW**

- Provided technical guidance for comprehensive TB and HIV/AIDS programs by updating implementing partners on technical advances and lessons learned around the world.

- Assisted team Leaders and District-Based Officer in the development of overall TB and HIV/AIDS C&T partner strategy to support the National Strategy to provide national expansion of PMTCT, C&T, TB and associated care and support services in Uganda.
- Assisted in setting up and running HIV clinical services and tracked progress at individual sites through site visits and district reports, in collaboration with M.O.H and the EGPAF program team.
- Provided technical guidance to the district teams for work plan development
- Provided technical guidance during the development of STAR SW/ EGPAF's annual Work plan.
- Coordinated technical reporting according to the defined reporting schedule, prepared regular monitoring and technical reports as required and contributed to EGPAF's reports
- Assisted in identifying, documenting, disseminating and scaling up best practices in PMTCT and Care and treatment.

**2008-April 2012, District Technical Officer-Clinical Services JSI/NUMAT (Northern Uganda Malaria HIV/AIDS and Tuberculosis Program)**

Provided support to the HCT/PMTCT, ART, PHAs, and SMC Managers in the five districts of Alebtong, Amolatar, Dokolo, Lira and Kole. Specifically, I efficiently and effectively achieved the following:

- Provided technical support to the districts in the areas of comprehensive TB, HIV/AIDS, and malaria prevention and care.
- Strengthened the implementation of critical NUMAT-supported clinical interventions in the districts for care and support of PHA.
- Collaborated with NUMAT partners (WV and AIC) to ensure Partner activities are coordinated and implemented in harmony with district work plans.
- Provided technical support on comprehensive TB, HIV/AIDS to service providers while liaising with DTLS and Zonal TB supervisor.
- Streamlined HIV reporting and feedback mechanism on clinical services and ensured availability of HIV/AIDS drugs, HIV test kits and supplies while liaising with DHOs, HSD FP and biostatisticians.
- Worked with the NUMAT project teams and Partners to identify and document best practices in HIV/AIDS/TB and Malaria care and support in NUMAT-supported districts
- Disseminated research findings at the International AIDS conference held in Addis Ababa, Ethiopia
- Worked with the NUMAT Community HIV/AIDS services technical person in the district to ensure smooth, coordinated and integrated support of activities within the district.
- Prepared regular District progress reports on NUMAT-supported activities and Managed finances according to NUMAT/USAID policies

**2008 Reproductive Health Officer; JSI/UPHOLD (Uganda Program for Human and Holistic Development)**

- Conducted support supervision of district Reproductive health activities, including working with regional offices to ensure trainings were completed and reported.
- Followed up and compiled the required data from 28 districts.
- Worked with consultants to ensure that Youth Friendly services in the specified districts are delivered.

- Worked with the Grants Manager to follow up on activity and financial reports from Civil Society Organizations.
- Participated in report writing.
- Distributed commodities for adolescent youth-friendly services to the districts.

#### **2005-2007 Service Provider in-Charge, Lira Branch, Reproductive Health Uganda**

- Provided Sexual Reproductive Health Services to clients at the delivery point as per RHU's SRH Package, including managing the HALT project funded by Save the Children in Uganda.
- Managed SRH service delivery points according to quality and facility guidelines.
- Initiated and developed Program activities that addressed SRH needs in a gender- and youth-focused manner.
- Coordinated and monitored program implementation at the branch level to ensure attainment of planned results.
- Provided technical support to staff and CBRH agents to improve performance.
- Developed and maintained network and partner agencies at the branch level for resource sharing and cost sharing.
- Prepared branch activity reports for management.

#### **2004 - 2005 Clinic Supervisor, Médecins Sans Frontières Holland**

- Supervised activities in Agweng IDP Camp, Lira District
- Managed the Clinic for IDP population in Agweng and Aromo sub-counties in Lira District.
- Managed and trained the outreach and clinic Staff
- Managed referrals and emergencies at the clinic.
- Managed childhood diseases.
- Made weekly and monthly statistics as well as reports.
- Managed stock for drugs and supplies.
- Managed weekly Supplementary Feeding Program

#### **Education background**

<b>Level</b>	<b>Year</b>	<b>School/Institution</b>	<b>Award</b>
<b>PhD program</b>	<b>2018-2025</b>	<b>Makerere University, Kampala, Uganda</b>	<b>PhD in Health Sciences</b>
<b>Post Graduate</b>	<b>2010-2011</b>	Uganda Management Institute, Kampala, Uganda	Post Graduate Diploma in Project Planning and Management
<b>Graduate School</b>	<b>2007-2008</b>	James P Grant School of Public Health, BRAC University, Bangladesh	Master of Science in Public Health
<b>Undergraduate training</b>	<b>1999-2003</b>	Makerere University, Kampala	Bachelor of Science in Nursing
<b>High School</b>	<b>1997-1998</b>	Trinity College Nabbingo, Mpigi, Uganda	Uganda Advanced Certificate of Education
<b>High School</b>	<b>1993-1996</b>	St Mary's College, Aboke, Lira, Uganda	Uganda Ordinary Certificate of Education

### Other Trainings Attended:

I attended short courses related to the PhD program from 2018 to date, including qualitative and quantitative research methods

November 2015	Training on pedagogy at Lira University
January 2015	Clinical Forensic Medicine training for Health Tutors and Nurses in Uganda
March 2013	Training on Option B Plus for Elimination of Mother-to-Child Transmission of HIV

### Workshops attended:

September 2021	Made a pre-recorded oral presentation on postpartum depression and perinatal loss at the 12 <sup>th</sup> European Congress on Tropical Medicine and International Health (ECTMIH).
June 2021	Presented an i-poster on perinatal death in Northern Uganda at the Royal College of Obstetricians and Gynaecologists virtual conference held in London
September 2019	Made an oral presentation on postpartum depression following perinatal death; a community-based Cross-sectional study at AGOTA and ECSACOG scientific conference and annual general meeting in September 2019 at Julius Nyerere International Conference Centre, Dar es Salaam, Tanzania.

### Link to Publications

<https://scholar.google.com/citations?user=80LWHmgAAAAJ&hl=en>

**ORCID** <https://orcid.org/0000-0002-.8398-5153>

### Recent publications

1. Arach, A.A.O., Kiguli, J., Nankabirwa, V., Nakasujja, N., Mukunya, D., Musaba, M.W., Napyo, A., Tumwine, J.K., Ndeezi, G. and Rujumba, J. (2022). “Your heart keeps bleeding”: lived experiences of parents with a perinatal death in Northern Uganda. *BMC Pregnancy and Childbirth*, 2022 Jun 15;22(1):491. <https://doi.org/10.1186/s12884-022-04788-8>
2. Arach AA, Nakasujja N, Rujumba J, Mukunya D, Odongkara B, Musaba MW, Napyo A, Tumwine JK, Nankabirwa V, Ndeezi G, and Kiguli J. Cultural beliefs and practices on perinatal death: a qualitative study among the Lango community in Northern Uganda. *BMC Pregnancy and Childbirth*. 2023 Dec;23(1):1-2. <https://doi.org/10.1186/s12884-023-05550-4>
3. Nankabirwa, V., Mukunya, D., Ndeezi, G., Odongkara, B., Arach, A. A., Achora, V., ... & Tumwine, J. K. (2024). Can an integrated intervention package including peer support increase the proportion of health facility births? A cluster randomised controlled trial in Northern Uganda. *BMJ open*, 14(2), e070798.

4. Okalo, P., Arach, A. A., Apili, B., Oyat, J., Halima, N., & Kabunga, A. (2023). Predictors of unintended pregnancy among adolescent girls during the second wave of COVID-19 pandemic in Oyam District in Northern Uganda. *Open Access Journal of Contraception*, 15-21.
5. Odongkara, B., Nankabirwa, V., Achora, V., Arach, A. A., Napyo, A., Musaba, M., ... & Tumwine, J. K. (2024). Low birthweight increased the risk of neonatal death twenty-folds in Northern Uganda: a community-based cohort study. *medRxiv*, 2024-04.

#### **Member of the following organisations**

- i. Médecins Sans Frontières East Africa Association (MSF EA)
- ii. Network for Education and Multidisciplinary Research Africa (NEMRA)
- iii. Facilitation for Innovations and Sustainable Productivity (FINSAP)

#### **Referees**

1. Ms. Anna Grace Auma  
Dean, Faculty of Nursing and Midwifery  
Lira University.  
P.O.BOX 1035, Lira, Uganda
2. Assoc. Prof. David Mukunya  
Head of Dept, Public Health  
Faculty of Health Sciences  
Busitema University  
Mbale, Uganda
3. Professor James K. Tumwine  
Professor Emeritus, Dept. of Paediatrics and Child Health  
College of Health Sciences  
Makerere University, Kampala, Uganda